



ألعاب مدارس دبي  
**DUBAI**  
SCHOOLS GAMES

## NETBALL CHAMPIONSHIPS

In partnership with





ألعاب مدارس دبي  
**DUBAI**  
SCHOOLS GAMES



مجلس دبي الرياضي  
**DUBAI**  
SPORTS COUNCIL

Presenting Partner

Medical Partner

Water Partner



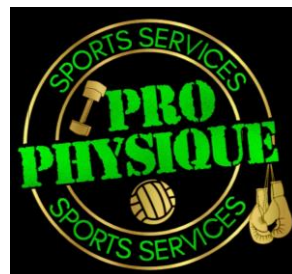
**Aster** HOSPITALS  
We'll Treat You Well & CLINICS

*Mai Dubai*<sup>TM</sup>  
water is life

Venue Partner

Technical Partner

Organised By



**esm**

# EVENT DETAILS

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We are proud to announce the launch of Liv. Dubai Schools Games Netball Championships. See below for event information:

**EVENT DATES:** MONDAY 06<sup>TH</sup> - THURSDAY 09<sup>TH</sup> FEBRUARY 2023

**VENUE:** GEMS WELLINGTON ACADEMY, SILICON OASIS

**TIME:** 8:30 AM - 1 PM

**AGE CATEGORIES:** U12, U13, U14 & U16

**GAME FORMAT:** 7 ASIDE



# MATCH DAYS

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**U13:** 06<sup>TH</sup> FEBRUARY 2023

**U14:** 07<sup>TH</sup> FEBRUARY 2023

**U16:** 08<sup>TH</sup> FEBRUARY 2023

**U12:** 09<sup>TH</sup> FEBRUARY 2023





# GAME FORMAT

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## 7 ASIDE RULES

- Teams shall consist of 7 players. There must be at least 5 players, one of whom must play centre, to enable the fixture to go ahead.
- Substitutions can only be made at halftime or when a player is injured. There is no limit to the number of substitutions that a team can make.
- Max 10 players per squad
- Normal netball rules apply (footwork, obstruction, contract, scoring etc) please find a copy of the rules attached.
- Click here to know the basic netball rules [7 aside Netball Rules](#).



# EVENT DETAILS

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- The court will be divided into 3 sections, with each player holding a specific position on the court.
- If a player moves into a position that they shouldn't be in, they will be deemed to be offside.
- Players cannot hold the ball for more than three seconds.
- Players may lift their landing foot but not reground it to contravene the footwork rule.
- The ball must go through the ringed hoop for a goal to be given.



# TECHNICAL PARTNER

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Do not hesitate to reach out to Pro Physique if you would like to train, learn new skills or develop your game further.



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**THANK YOU**

If you may have any further queries, comments or suggestions  
feel free to contact us.

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