



**talabat**

ألعاب مدارس دبي

**DUBAI**  
SCHOOLS GAMES

**SWIMMING CHAMPIONSHIP**

In Partnership with



Venue Partner





Presenting Partner



Presenting Partner

Water Partner



Venue Partner



Technical Partner



Organised By



# EVENT DETAILS

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We are proud to announce the Talabat Dubai Schools Games **Swimming Championships** with the technical support of **Hamilton Aquatics**. See below for event information:

**EVENT DATES:** U9 & U11: 23<sup>RD</sup> APRIL 2024  
U13, U15 & U17: 24<sup>TH</sup> APRIL 2024

**VENUE:** HAMDAN SPORTS COMPLEX

**TIME:** 7:30 AM - 2 PM

**AGE CATEGORIES:** U9, U11, U13, U15 & U17

Entries are on a first-come-first-serve basis and will be processed as soon as received. The total number of entries accepted will be based on the session timeline. Once we reach full capacity the entries will automatically close.

Registrations close on **Monday 15<sup>th</sup> April 2024**.

# EVENT DETAILS

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- DISTANCE:** 25M, 10 lanes, with anti-wave lane ropes
- TIMING:** OMEGA TIMING SYSTEM
- AWARDS:** Medals for 1<sup>st</sup> - 3<sup>rd</sup> in each race
- COACH PASS:** Schools will be issued 1 poolside pass per 30 swimmers.  
If more passes are required, they must be requested in advance.
- SPECTATORS:** Spectating will be free of charge
- MEET MOBILE:** The Meet Mobile app is free to download from the Apple App Store (iPhone Apps) and Google Play and will allow access to heat sheets and results throughout the weekend. Please note that this is not a free app.



# EVENT DETAILS

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The age group is set in the following manner:

- U9 - Born between 01<sup>st</sup> September 2014 and 01<sup>st</sup> September 2016
- U11 - Born between 01<sup>st</sup> September 2012 and 01<sup>st</sup> September 2014
- U13 - Born between 01<sup>st</sup> September 2010 and 01<sup>st</sup> September 2012
- U15 - Born between 01<sup>st</sup> September 2008 and 01<sup>st</sup> September 2010
- U17 - Born between 01<sup>st</sup> September 2006 and 01<sup>st</sup> September 2008





# RACES

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- 50M Butterfly
- 50M Breaststroke
- 50M Backstroke
- 50M Freestyle
- 100M Individual Medley
- 4 X 25M Medley Relay
- 4 X 25M Freestyle



# ENTRY RULES

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- We require a full team from each school for registration - all events must have participants.
- Schools can only enter 1 swimmer per individual event.
- Schools can only enter 1 team per team event.
- Swimmers can swim a maximum of 2 individual events in their own age group.
- Swimmers can swim in as many relay events as they wish in their own age group.
- Swimmers can swim a maximum of 1 relay event in an older age group.
- Swimmers can not swim in a younger age group.
- Swimmers can not swim in an older age group for an individual event.
- Swimmers who do not perform legal strokes will be disqualified (see the guide on the following page).
- Swimmers who do not attend the call room will not be allowed to swim.
- If a swimmer misses a race they will not be allowed to make up in another heat.



# STROKE & TURN INFRINGEMENT

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The following major infringements result in swimmers being disqualified. This list is not exclusive, and any other serious stroke infringement not listed that is deemed to give the swimmer an advantage will also result in disqualification.

## Starts, Turns, and Finishes

### Butterfly:

- Failure to touch the wall with 2 hands simultaneously
- Leaving the wall on the back
- Traveling underwater more than 15m at the start and turn

### Backstroke:

- Turning onto the front and not performing a backstroke turn
- Leaving the wall on the front after a turn
- Turning on the front at the finish, before touching the wall

### Breaststroke:

- Failure to touch the wall with 2 hands simultaneously
- Leaving the wall on the back
- More than 1 stroke underwater at the start of turn
- More than 1 butterfly kick underwater at the start or turn

## Strokes

### Butterfly:

- Alternating or Breaststroke kick
- Alternating arms

### Backstroke:

- Turning onto the front at any point other than the turn

### Breaststroke:

- Any kick other than a breaststroke kick
- Alternating arms



# TECHNICAL PARTNER

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Do not hesitate to reach out to **Hamilton Aquatics**, if you would like to train, learn new skills or develop your game further.

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If you may have any further queries, comments or suggestions  
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