



ألعاب مدارس دبي

**DUBAI**  
SCHOOLS GAMES

## ATHLETICS QUALIFIERS

In partnership with





Presenting Partners



Hydration Partner



Venue Partner



Technical Partner



Organised By



# EVENT DETAILS

We are proud to announce the first Dubai Schools Games Athletics Qualifiers with the technical support of **AIS Athletics**. See below for event information:

**VENUE:** Dubai Club for People Of Determination

**TIME:** 9 AM - 2 PM

**EVENT DATES:** MONDAY 27<sup>TH</sup> – 30<sup>TH</sup> OCTOBER 2025

**AGE CATEGORIES:** U12 – Girls & Boys

U14 – Girls & Boys

**EVENT DATES:** MONDAY 3<sup>RD</sup> – 6<sup>TH</sup> NOVEMBER 2025

**AGE CATEGORIES:** U16 – Girls & Boys

U18 – Girls & Boys

**All events** will be conducted across **all scheduled days**. Each school is required to attend only twice — once with their U12 and U14 teams participating during the **first week** and once their U16 and U18 teams on their **allocated day** in the following week, which will be communicated after the registration process.



# EVENT DETAILS

We are proud to announce the Dubai Schools Games Athletics Championships with the technical support of **AIS Athletics**. See below for event information:

| Venue                                  | Time                   |
|----------------------------------------|------------------------|
| Dubai Club for People Of Determination | 9AM – 2PM              |
| Date                                   | Age Groups             |
| Oct 27, Monday                         | U12 & U14 Boys & Girls |
| Oct 28, Tuesday                        | U12 & U14 Boys & Girls |
| Oct 29, Wednesday                      | U12 & U14 Boys & Girls |
| Oct 30, Thursday                       | U12 & U14 Boys & Girls |
| Nov 3, Monday                          | U16 & U18 Boys & Girls |
| Nov 4, Tuesday                         | U16 & U18 Boys & Girls |
| Nov 5, Wednesday                       | U16 & U18 Boys & Girls |
| Nov 6, Thursday                        | U16 & U18 Boys & Girls |

# HOW TO REGISTER?

- Team selection must be done by the school P.E. department
- To access your registered school account and enter a team, kindly click the link - <https://portal.dubaischoolsgames.ae/school/login>
- Download the form, complete it and send it to [info@dubaischoolsgames.ae](mailto:info@dubaischoolsgames.ae)



# AGE CATEGORY

| Age Group | Birthdate Range               | Age on 1 Sep 2025 |
|-----------|-------------------------------|-------------------|
| U12       | Born 1 Sep 2013 – 31 Aug 2015 | 10–11             |
| U14       | Born 1 Sep 2011 – 31 Aug 2013 | 12–13             |
| U16       | Born 1 Sep 2009 – 31 Aug 2011 | 14–15             |
| U18       | Born 1 Sep 2007 – 31 Aug 2009 | 16–17             |

# LIST OF EVENTS: U12, U14, U16 & U18

| Event Type | U12    | U14    | U16    | U18    |
|------------|--------|--------|--------|--------|
| Track      | 80m    | 80m    | 100m   | 100m   |
|            | 300m   | 300m   | 400m   | 400m   |
|            | 1000m  | 1000m  | 1500m  | 1500m  |
| Long Jump  | ✓      | ✓      | ✓      | ✓      |
| Javelin    | ✓      | ✓      | ✓      | ✓      |
| High Jump  | ✓      | ✓      | ✓      | ✓      |
| Relay      | 4×100m | 4×100m | 4×100m | 4×100m |

# JAVELIN WEIGHT SPECIFICATIONS

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| Age Group | Boys  | Girls |
|-----------|-------|-------|
| U12       | 400 g | 400 g |
| U14       | 600 g | 400 g |
| U16       | 700 g | 500 g |
| U18       | 700 g | 500 g |

# QUALIFIERS DAY

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## ON THE DAY

- REPORTING TIME 8:00 AM
- START TIME 9:00 AM
- END TIME 2:00 PM



# PARTICIPATION RULES

- Each school can enter 1 team in each age category.
- Each school can enter a maximum of 12 participants in each age category (12 Boys & 12 Girls).
- **Eligible ages:** 10 – 17 years
- **Minimum age:** Athletes must be **born on or before 31 Aug 2015** (turning 10 by 1 Sep 2025).
- **Maximum age:** Athletes must be **born on or after 1 Sep 2007** (not yet 18 on 1 Sep 2025).
- Maximum of 2 athletes per event.
- Athletes can be registered in a maximum of 2 individual events + 1 relay within their respective age group
- Registrations will close on **Thursday, 23<sup>rd</sup> October 2025**.



# Event Timing & Overlap Instructions

- Athletes must arrive at least 15 minutes before their scheduled event.
- If an athlete is scheduled for a track and field event at the same time:
  - They must register their name at the field event first.
  - Then complete their track event.
  - Return to the field event within 20 minutes to continue participation
- If an athlete fails to register at the field event and the slot closes, it is not the responsibility of the organizers. The athlete will lose their chance to participate, and it will be recorded as a no-show.
- It is the responsibility of the coach and athlete to ensure they are on time. Missed events will not be rescheduled and will count as a no-show.
- It is the responsibility of coaches and athletes to listen to all announcements. In case of delays or changes in schedule, updates will be made via public announcements at the venue.



# Track and Field Event Guidelines

- All track events are timed.
- Qualification and rankings are based strictly on time, not heats or positions.
- False Start Rule:
  - Athletes who commit a false start will be given one warning.
  - A second false start results in disqualification from that event.
- Max 3 attempts per athlete for long jump and javelin.
- High Jump:
  - 3 total fouls allowed across all heights
  - Athletes must jump at the height set by the referee at the time of their arrival. No special height adjustments will be made.



# CODE OF CONDUCT

- Coaches must not interfere with referee decisions on track or field.
- Coaches must not intervene during the event to raise complaints.
- All concerns must be directed only to the Meet Director, Mohammed Sinan, either:
  - In person at the track, or
  - Via email to Dubai Schools Games - [info@dubaischoolsgames.ae](mailto:info@dubaischoolsgames.ae)
- Coaches are responsible for ensuring athletes maintain best behaviour throughout the event.
- Any form of misconduct by athletes will result in direct disqualification of the school.
- Misconduct will not be tolerated under any circumstances.
- Coaches and athletes are not allowed to ask for results during or after the event.



# COMMUNICATION AND QUALIFICATION RESULTS

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- All official results will be sent directly to each school via email after the competition.
- Top 8 athletes per event qualify for finals.
- Top 12 athletes qualify in:
  - 1000m
  - 1500m
- The Midea DSG Athletics Championships for those who qualify for the finals will take place on 19th–20th November 2025 at the Dubai Police Officers Club.



# TECHNICAL PARTNER

Do not hesitate to reach out to **AIS Athletics** if you would like to train, learn new skills or develop your game further.



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**THANK YOU**

If you may have any further queries, comments or suggestions feel free to contact us.

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