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DUBAI
SCHOOLS GAMES

SWIMMING CHAMPIONSHIP

In Partnership with

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EVENT DETAILS

We are proud to announce the Midea Dubai Schools Games **Swimming Championship** with the technical support of **Hamilton Aquatics**. See below for event information:

EVENT DATES: 4TH & 5TH MAY 2026

VENUE: HAMDAN SPORTS COMPLEX - Competition Pool

TIME: 7:30 AM – 2 PM

AGE CATEGORIES: U9, U11, U13, U15 & U17 – Girls & Boys

Entries are on a first-come-first-serve basis and will be processed as soon as received. The total number of entries accepted will be based on the session timeline. Once we reach full capacity the entries will automatically close.

Registrations close on **Friday 17th April 2026**.

EVENT DETAILS

DISTANCE: 25M, 10 lanes, Timed Finals

TIMING: OMEGA TIMING SYSTEM

AWARDS: Medals will be presented to the top three finishers (1st–3rd place) in each race for every age group.

COACH PASS: Schools will be issued 1 poolside pass per 30 swimmers.
If more passes are required, they must be requested in advance.

SPECTATORS: Spectating will be free of charge

MEET MOBILE: The Meet Mobile app is free to download from the Apple App Store and Google Play and will allow access to heat sheets and results throughout the weekend. Please note that this is not a free app.



EVENT DETAILS

The age group is set in the following manner:

- U9 : From 1st Sep 2016 to 31st August 2018
- U11 : From 1st Sep 2014 to 31st August 2016
- U13 : From 1st Sep 2012 to 31st August 2014
- U15 : From 1st Sep 2010 to 31st August 2012
- U17 : From 1st Sep 2008 to 31st August 2010



RACES

Disciplines	U9	U11	U13	U15	U17
Freestyle 50m	●	●	●	●	●
Freestyle 100m	●	●	●	●	●
Backstroke 50m	●	●	●	●	●
Backstroke 100m	●	●	●	●	●
Breaststroke 50m	●	●	●	●	●
Breaststroke 100m	●	●	●	●	●
Butterfly 50m	●	●	●	●	●
Butterfly 100m	●	●	●	●	●
Individual Medley 200m				●	●



ENTRY RULES

- Each swimmer is allowed to participate in a maximum of two (2) races.
- Unregistered swimmers will not be allowed to participate in the championship.
- Emirates ID must be presented to verify the swimmer's age.
- Each school must appoint a representative to communicate with the organizing committee and the referees' committee.
- Any withdrawal must be communicated by the 25th of March. No changes will be accepted post that or on the day of the event.
- A race will only be held if there are at least 3 swimmers.



ENTRY RULES

- All swimmers must wear official school-approved swimwear during all races.
- All participants must be present at the competition venue at least one hour before the start of the event. Accompanied by coach or school representative.
- Heats will be held per age group per stroke.
- Full compliance with the instructions of the organizing committee and referees is mandatory throughout the championship.
- Parents and coaches are not allowed in the race area or to interfere with the work of the committee.
- Race results will be determined based on electronic timing systems and manual times.



STROKE & TURN INFRINGEMENT

The following major infringements result in swimmers being disqualified. This list is not exclusive, and any other serious stroke infringement not listed that is deemed to give the swimmer an advantage will also result in disqualification.

Starts, Turns, and Finishes

Butterfly:

- Failure to touch the wall with 2 hands simultaneously
- Leaving the wall on the back
- Traveling underwater more than 15m at the start and turn

Backstroke:

- Turning onto the front and not performing a backstroke turn
- Leaving the wall on the front after a turn
- Turning on the front at the finish, before touching the wall

Breaststroke:

- Failure to touch the wall with 2 hands simultaneously
- Leaving the wall on the back
- More than 1 stroke underwater at the start of turn
- More than 1 butterfly kick underwater at the start or turn

Strokes

Butterfly:

- Alternating or Breaststroke kick
- Alternating arms

Backstroke:

- Turning onto the front at any point other than the turn

Breaststroke:

- Any kick other than a breaststroke kick
- Alternating arms

Race Procedure

Commencement of each heat:

- The referee will signal swimmers to remove all clothing except swimwear with a brief sequence of whistles.
- A long whistle indicates swimmers should assume positions on the starting platform, deck, or in the water.
- In backstroke events, swimmers must enter the water immediately upon the first long whistle and return to the starting position without undue delay upon the second long whistle

Taking the starting position:

- Upon hearing "take your mark," swimmers must promptly take their starting position with at least one foot at the front of the starting platform or deck.
- Swimmers starting in the water must keep at least one hand in contact with the wall or starting platform. The Starter will initiate the race once all swimmers are still ready.
- If a swimmer fails to take the starting position the Starter will instruct all swimmers to "stand up," allowing them to stand up or step off the starting blocks.
- Swimmers will not be disqualified for assuming an improper starting position if the race is allowed to continue. The Starter will ensure all swimmers are positioned correctly before the race is allowed to continue.
- Any rule violation or unsportsmanlike behavior may result in the disqualification of the swimmer from the championship.

TECHNICAL PARTNER

Do not hesitate to reach out to **Hamilton Aquatics**, if you would like to train, learn new skills or develop your game further.



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If you may have any further queries, comments or suggestions feel free to contact us.

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