



ألعاب مدارس دبي

DUBAI
SCHOOLS GAMES

ATHLETICS CHAMPIONSHIP

In partnership with





UNITED ARAB EMIRATES
MINISTRY OF SPORTS

Presenting Partner



Technical Partner

Venue Partners

Organised By

Hydration Partner



EVENT DETAILS

We are proud to announce the first Dubai Schools Games Athletics Qualifiers with the technical support of **AIS Athletics**. See below for event information:

VENUE:	Dubai Club for People Of Determination
TIME:	8:00 AM - 2 PM
EVENT DATES:	MONDAY 23 RD – THURSDAY 26 TH NOVEMBER 2026
AGE CATEGORIES:	U11 – Girls & Boys U13 – Girls & Boys U15 – Girls & Boys U17 – Girls & Boys U19 – Girls & Boys



HOW TO REGISTER?

- Team selection must be done by the school P.E. department.
- **Option 1: Online Registration (Preferred)**
 - Register athletes and select their events directly through the link below:

<https://aisathletics.okrabook.com/v2/competitions/join/tjC0cXlDv6Ha6B5l2jvEcerEWOP21M7L>
- **Option 2: Excel Registration**
 - Complete the Excel template with all required athlete information.
 - Save the file using your school name and email it to the DSG Team.
 - Once AIS Athletics uploads the information, coaches will receive an email to log in and select their athletes and events.
- **Registrations close on 06th November 2026.**

Player Registration & Verification

- **All registrations must be completed through the designated athletics registration platform (AIS website) before the registration deadline.** Schools must ensure that all participating athletes are registered under the correct age category and selected events.
- Only athletes appearing on the **final registered athlete list** will be eligible to participate. Athlete details will be verified during check-in on the day of the competition.
- Schools must ensure that the athletes attending the competition correspond with those registered on the system. This process is in place to **avoid delays during on-site registration and verification** and ensure the competition begins on schedule.
- **No new athlete registrations, replacements or changes to event entries will be accepted on the day of the competition.** Athletes must compete only in the events for which they have been registered.
- Schools must ensure that all athletes meet the **relevant age-category requirements and event participation limits** outlined in the competition rules.
- If a registered athlete is unable to attend due to illness or another unavoidable circumstance, the school must inform the organisers in advance. **Any proposed replacement or amendment will be subject to approval** and must be completed before the registration deadline.
- **For Athletics Qualifiers and Championships, only athletes who qualify through the Qualifiers will be eligible to participate in the Championship.** Qualification is awarded to the individual athlete for the relevant event and cannot be transferred to another athlete from the same school.
- **Emirates ID verification will still be conducted on the day of the competition** for all participating athletes.

AGE CATEGORY

BOYS & GIRLS

- U11 - Born between 01st September 2015 to 31st August 2017
- U13 - Born between 01st September 2013 to 31st August 2015
- U15 - Born between 01st September 2011 to 31st August 2013
- U17 - Born between 01st September 2009 to 31st August 2011
- U19 - Born between 01st September 2007 to 31st August 2009



GAME DAY

ON THE DAY

- REGISTRATIONS & BIB COLLECTION 7:45 AM
- COACHES BRIEFING 8:40 AM
- START TIME 9:00 AM
- END TIME 2:00 PM

All players must present physical or copy of the Emirates IDs at registration.

Schedule

Date	Age Category
23 rd November 2026	U11 & U13 Boys
24 th November 2026	U11 & U13 Girls
25 th November 2026	U15, U17 & U19 Boys
26 th November 2026	U15, U17 & U19 Girls



PARTICIPATION RULES

- Each school can enter 1 team in each age category.
- Maximum of 2 athletes per event.
- Athletes can be registered in a maximum of 2 individual events + 1 relay within their respective age group.
- Only 6 mm pyramid spikes are permitted on the venue's track. Spikes exceeding 6 mm or of any other type will not be allowed.



LIST OF EVENTS

Event Type	U11	U13	U15	U17	U19
Track	60m	60m	100m	100m	100m
	150m	150m	200m	200m	200m
	300m	300m	300m	400m	400m
			800m	800m	800m
				1500m	1500m
Long Jump	✓	✓	✓	✓	✓
Triple Jump				✓	✓
High Jump			✓	✓	✓
Javelin			✓	✓	✓
Shotput	✓	✓	✓	✓	✓
Discus				✓	✓
Relay	4×50m	4×50m	4×100m	4×100m	4×100m

*All events will be conducted across all scheduled days.

WEIGHT SPECIFICATIONS

	U11 Boys	U11 Girls	U13 Boys	U13 Girls	U15 Boys	U15 Girls	U17 Boys	U17 Girls	U19 Boys	U19 Girls
Shotput	2 KG	1 KG	2 KG	1 KG	3 KG	2 KG	5 KG	3 KG	5 KG	3 KG
Javelin					400 G	400 G	700 G	500 G	700 G	500 G
Discus							1 KG	1 KG	1.5 KG	1 KG



Event Timing & Overlap Instructions

- Athletes must arrive at least 15 minutes before their scheduled event.
- If an athlete is scheduled for a track and field event at the same time:
 - They must register their name at the field event first.
 - Then complete their track event.
 - Return to the field event within 20 minutes to continue participation
- If an athlete fails to register at the field event and the slot closes, it is not the responsibility of the organizers. The athlete will lose their chance to participate, and it will be recorded as a no-show.
- It is the responsibility of the coach and athlete to ensure they are on time. Missed events will not be rescheduled and will count as a no-show.
- It is the responsibility of coaches and athletes to listen to all announcements. In case of delays or changes in schedule, updates will be made via public announcements at the venue.



Track and Field Event Guidelines

- All track events are timed.
- Qualification and rankings are based strictly on time, not heats or positions.
- False Start Rule:
 - Athletes who commit a false start will be given one warning.
 - A second false start results in disqualification from that event.
- Max 3 attempts per athlete for long jump, triple jump, shotput, discus and javelin.
- High Jump:
 - 3 total fouls allowed across all heights
 - Athletes must jump at the height set by the referee at the time of their arrival. No special height adjustments will be made.



CODE OF CONDUCT

- Coaches must not interfere with referee decisions on track or field.
- Coaches must not intervene during the event to raise complaints.
- All concerns must be directed only to the Meet Director, Mohammed Sinan, either:
 - In person at the track, or
 - Via email to Dubai Schools Games - info@dubaischoolsgames.ae
- Coaches are responsible for ensuring athletes maintain best behaviour throughout the event.
- Any form of misconduct by athletes will result in direct disqualification of the school.
- Misconduct will not be tolerated under any circumstances.
- Coaches and athletes are not allowed to ask for results during or after the event.



TECHNICAL PARTNER

Do not hesitate to reach out to **AIS Athletics** if you would like to train, learn new skills or develop your game further.



+971 52 143 7023



admin@aisathletics.ae



@aisathleticsuae





THANK YOU

If you may have any further queries, comments or suggestions feel free to contact us.

info@dubaischoolsgames.ae